

**ARCHANGEL CREATIVE Life Skills Workshops** 

"We will not die with our dreams"

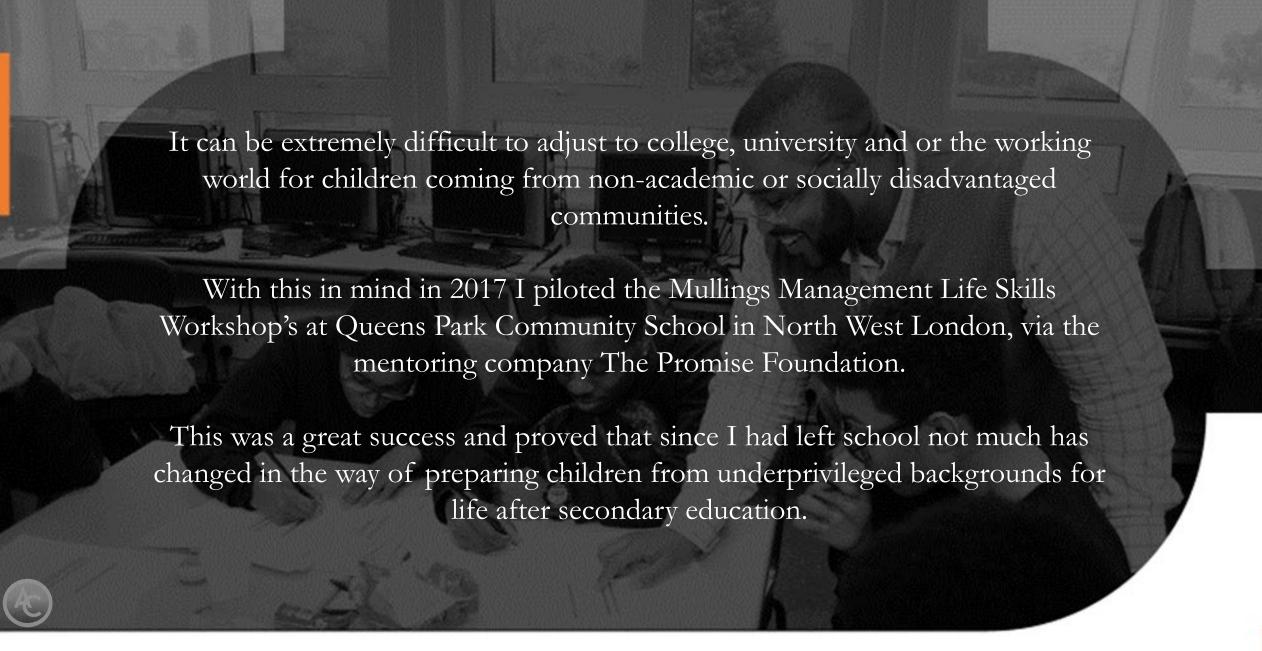
#### Releasing Potential

At Archangel Creative our motto "we will not die with our dreams" underpins the motivation behind every project we take on. Our desire is to help people reach their full potential and turn their dreams into a reality

#### Tackling the problem of structural inequality

Through personal experience and many years working with young people in various capacities, I have observed that structural inequality is still rampant in society and finds expression in state schools.

With the benefit of hindsight, I realised secondary education did not prepare me adequately for higher education. The jump between GCSE's and A/AS levels is much larger than the jump between A/AS levels and an undergraduate degree.



The aim of the "Archangel Life Skills Workshop" is to help tackle structural inequality by providing attendees with the same information that their privileged counterparts would be privy to at home or in school.

We aim to do this by introducing students to the basic practical life skills needed to negotiate, not only higher education but life.

This three-part interactive workshop focuses on three key elements that contribute to success in navigating higher education and life:

- 1. Having a Vision Realising your dreams
- 2. Effective management Optimising everyday
- 3. Finance management Effective money management

#### Attendees will leave these workshops with an understanding of how to:

- Create a defined ultimate Vision
- Break down the Vision into missions (goals)
- Review progress towards the goals
- Managing time effectively to facilitate the achievement of the missions/goals
- Managing finance to support the achievement of the set goals and achievement of the Ultimate Vision.

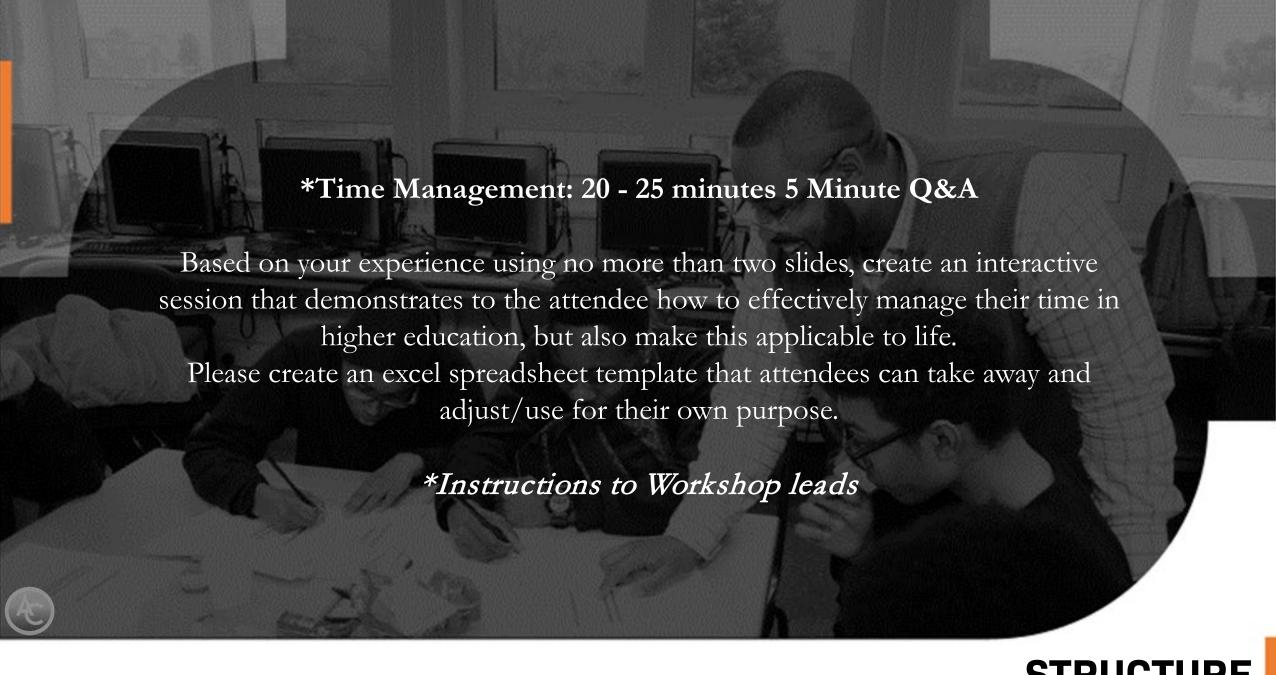
#### Other skills involved include Prioritisation:

- Focusing on urgent and important tasks rather than those that are not important or do not move you towards your goals
- Organising work schedules
- List-making to remind attendees of what they need to do and when
- Persevering when things are not working out
- Avoiding procrastination.





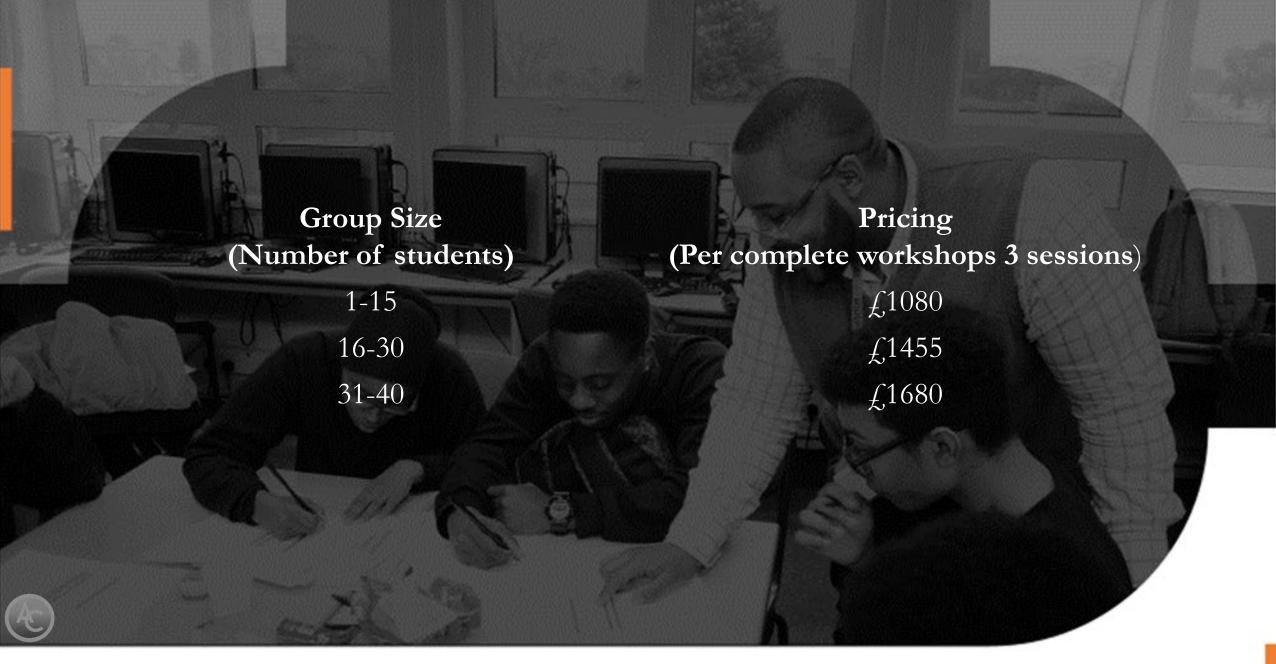
#### **STRUCTURE**



## **STRUCTURE**



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# **WORKSHOP PRICING**



STUDENT ENDORSEMENT



**WORKSHOP SNAPSHOT** 



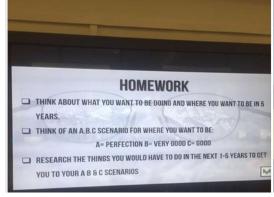
Great turnout at our skills workshop today @QPCS equipping young people for a #PromisingFuture



Our Life Skills Workshop @QPCS by former mentor Michael Mullings continues to engage promising mentees













## **SOCIAL MEDIA**

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#### **Michael Mullings**

Digital Delivery Consultant

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Born in North West London, I attended Donnington, Primary School, and Queens Park Community School.

I graduated from The University of Kent with a degree in Politics.

I am a digital project management consultant and founder of Archangel Creative.

Having mentored with the Promise Foundation and Salisbury World for 2 years I realised that I could not impact the students in the most efficient manner. I related to the students I was mentoring and envisaged what I could have achieved if I had access to the information I have now, in my teens.

This birthed the Mullings Management Life Skills Workshops, now the Archangel Creative Life Skills workshops.

# **Director of Archangel Creative**



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